



Lifeguard Management Course Fact Sheet

Purpose

The purpose of the American Red Cross Lifeguard Management course is to provide aquatic managers and lifeguard supervisors with the knowledge and skills necessary to effectively manage lifeguards and promote the safety for patrons and employees of aquatic facilities.

Prerequisites

None

Learning Objectives

- Explain the role and responsibilities of the lifeguard manager.
- Describe resources and strategies a lifeguard manager can use to stay informed and current in the field of aquatics.
- Describe how to determine staffing needs, identify appropriate candidates and conduct pre-season orientation and training sessions.
- Describe the lifeguard manager's role in establishing injury prevention strategies and helping the lifeguard team to implement them.
- Describe the lifeguard manager's role in creating and maintaining emergency action plans (EAPs), and ensuring that the lifeguard staff is prepared to implement the EAP should the need arise.
- Describe leadership strategies a lifeguard manager can use to build a strong, effective team and promote excellent customer service.
- Describe an approach to risk management that a lifeguard manager can use to identify risks and eliminate or minimize them.

Length

Approximately 3 hours, 30 minutes

Instructor

None

Certification Requirements

- Successful completion of all six online modules
- Successful completion of the online final exam with a score of 80 percent or better

Certificate Issued and Validity Period

- American Red Cross certificate in Lifeguard Management: 2 years

Participant Products/Materials

- Lifeguard Management online course
- Downloadable and printable *Lifeguard Management Supplement*, contained within the online course